# St Helen's PE Premium Action Plan and Strategy Review of Impact 18-19

Leader responsible: Kelvin Chappell, Andy Spens



# Rationale: Physical Education at St. Helen's: Excellence, enjoyment and achievement together.

In order for all children to achieve their full potential and to aim for our school vision of 'Excellence, Enjoyment and Achievement' - Flying high- Soar like Eagles, we have developed a PE scheme of work which enables children to develop their core Physical Education skills, and enables them to participate in structured competitive activities at differing levels, used alongside the PE Premium Funding this enables us to ensure that all children engage in Physical activity.

A high-quality physical education curriculum and extra-curriculum **inspires** all pupils to **succeed** and **excel** in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed some of our school values such as: **Friendship, Perseverance, Truthfulness, and Respect** 

### **Quality First Wave Teaching:**

All children receive a broad and balanced PE curriculum as part of QFWT (Quality First wave Teaching) this is about what should be on offer for all children: the effective inclusion of all pupils in high-quality everyday personalised teaching. Such teaching will, for example, be based on clear objectives that are shared with the children and returned to at the end of the lesson; carefully explained new PE vocabulary; use of lively, interactive teaching styles and also make maximum use of visual and kinaesthetic as well as auditory/verbal learning. The objectives that are used are taken from the school's skills and progression grid.

### What is the most effective way to support pupil's Physical achievement?

Over the last few years we have built our PE strategy around the DFE research that highlights that more successful schools who promote high levels of PE attainment have a number of things in common this is supplemented by evidence from the DFE:

# The amount of PE premium funding: £17,736

# PE Premium strategy aims for pupils 2018-19: The DFE outcomes are defined as:

## 1) Engagement of all pupils in regular physical activity, for example by:

- 1a) providing targeted activities or support to involve and encourage the least active children
- 1b) encouraging active play during break times and lunchtimes
- 1c) establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered adopting an active mile initiative
- 1d) raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim

### 2) Profile of PE and sport is raised across the school as a tool for whole-school improvement, for example by:

- 2a) encouraging pupils to take on leadership or volunteer roles that support sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)
- 2b) embedding physical activity into the school day through active travel to and from school, active break times and active lessons and teaching
- 2c) increased confidence, knowledge and skills of all staff in teaching PE and sport, for example by:
- 2d) providing staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school
- 2e) hiring qualified sports coaches to work alongside teachers to enhance or extend current opportunities

### 3) Broader experience of a range of sports and activities offered to all pupils, for example by:

- 3a) introducing new sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities
- 3b) partnering with other schools to run sport activities and clubs
- 3c) providing more (or broadening the variety of) extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other local sport organisations

### 4) Increased participation in competitive sport, for example by:

- 4a) increasing pupils' participation in the School Games
- 4b) organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations.

As a school we have considered all these key factors and built our PE Strategy for 2018-19 around these key factors.

**Physical Education Aspirations:** At St. Helen's we endeavour to provide opportunities in all aspects of school life, for all of our children to achieve the very best that they can and to develop a lifelong love of learning of Sport and Physical Education, and to develop their own well-being.

### 2018-19 Pupil Strategy: Desired Outcomes and Review:

### 1) Engagement of all pupils in regular physical activity, for example by:

- 1a) providing targeted activities or support to involve and encourage the least active children
- 1b) encouraging active play during break times and lunchtimes
- 1c) establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered

adopting an active mile initiative

1d) raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim

School Aspirations:	Barriers to	Desired	Measurable	Who?	Monitoring (See below)
Linked to DFE strand:	learning: Action	Outcome:	Outcome: How will impact be measured?	Costing:	MEASURES OF IMPACT Significant
1a 1b	To support the most inactive children who have been highlighted	Children who were identified as not attending a PE club in the last academic year-	The number of children who now attend a lunchtime or extra- curricular club increases from last year's data of 70%.	Lunchtime club £20 x 3 hrs a 39 weeks= £2340  £300 allotted	Moderate Low Impact
	using a number of different factors to develop their physical well being.	2018-19 (See clubs list) and who have been identified from in school assessment data- will be targeted for lunchtime support in terms of attending the lunchtime Sports club on M T W.	70%.	to pay for clubs for those children who did not attend clubs in the previous year.	

		Children who have not been attending PE clubs in school will be specifically targeted to enable them to attend at least one club a week.			
1 c	To support the physical development of all children by providing a range of extra- curricular Sporting clubs	PE funding used to ensure all children are able to access clubs and develop their physical and mental health well-being.	Case studies and competition records show that children and parents/families are able to access sporting provision when necessary to do so.	PE funding is used to ensure that some children who would like to do a club have access to clubs.	
1 c	To support the needs of more vulnerable children in attaining extracurricular Sporting clubs	PP funding to be used alongside PE funding to ensure all children are able to access clubs.	Case studies and competition records show that children and parents/families are able to access sporting provision when necessary to do so.	PE funding alongside PP funding is used to help PP families access clubs that they may wish to.	
1c	To support the provision	Data from the previous year	External clubs are sought and aimed at		

	of KS1 children.	demonstrates that the number of children in KS1	the younger children in KS1 and Year 3.		
		who are attending a club is lower than that of older children and in particular Year 5 and 6.			
		I		I	
1 d	To enable all children who leave St.Helen's to have access to swimming lessons and to be able to swim 25 m.	Children are able to swim 25 m.	Children feel fitter and healthier and are able to swim 25 m.	Assessment monitoring of classes throughout the year.	
1a 1b	To enable children to develop their own physical well-being and to stay active.	All children are to take part in structured activities at lunchtime.	Children feel fitter and healthier.		

1a	To enable	All children are	Children feel fitter	No cost:	
	children to	to take part in	and healthier and	Classroom	
	develop their	structured	report that they are	teaching.	
	own physical	activities with	feeling the benefits		
	well-being	the	of the daily mile.	Lunchtime	
	and to stay	introduction of		Play Leader=	
	active.	the Daily Mile		£15 x 5 hrs x	
		in upper KS2.		39 weeks =	
				£2,925	

# 2) Profile of PE and sport is raised across the school as a tool for whole-school improvement, for example by:

- 2a) encouraging pupils to take on leadership or volunteer roles that support sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)
- 2b) embedding physical activity into the school day through active travel to and from school, active break times and active lessons and teaching
- 2c) increased confidence, knowledge and skills of all staff in teaching PE and sport, for example by:
- 2d) providing staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school
- 2e) hiring qualified sports coaches to work alongside teachers to enhance or extend current opportunities

2b	To enable	Children have a	Children are able	High quality equipment	
	children to be	range of activities	to talk about the	PE equipment is	
	active at break	that encourage	importance of	purchased to enable	
	times.	them to be active.	being fit and	children to participate in	
			healthy at break	physical activity.	
			times and know		
			the importance of		
			staying healthy.		

2c 2d 2e	All children have access to	Children make	Attainment and	CPD across the year- linked to SDP.	
		good progress in	Progress of		
	high quality	all the core areas	children is good	Coach £25 x 2.5 hrs =	
	good QFWT-	of PE subject	from their starting	£2,437.50	
	every day.	having accessed	point in all the		
		good QFWT from	subjects.		
	CPD	expert coaching.			
	development				
	of all staff	CPD of staff			
	members.	member is			
		developed.			

Monitoring:

# 3) Broader experience of a range of sports and activities offered to all pupils, for example by:

- 3a) introducing new sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities
- 3b) partnering with other schools and clubs to run sport activities and clubs
- 3c) providing more (or broadening the variety of) extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other local sport organisations

3a 3c	To develop a	Children will	Children are able	Sports week organised in	
	themed Sports	experience a range	to talk about the	June 2019	
	week that	of different sports	new sports tried		
	introduces	away from the	and 100% of	Sports Week Funding	
	children to new	traditional sports	children are able	£ 3000	
	sports.				

			to try out new sports.				
Monitoring:							
b	To make link with external Sporting organisationsto develop sporting links and opportunities.	Children to have external opportunities provided by local professional clubs	Children are able to develop different experiences linked to Sport.				
onitoring:							
	ing pupils' participatic	ompetitive sport, for e on in the <u>School Game</u> ntering more sport co		nts within the scho	ol or across	the local ar	aa including
	by sporting organisation					the local art	ea, including

competitive sport

Competition Entries: Full

day supply

£120 X 15 = £1,800

school have

participation

in competitive

access to

activities

sporting

activities.

	outside of school.				
4b	Children participate in local school's sports competitions	Children participate in a number of different sporting activities.	Children are able to utilise school values and to develop an understanding of competitive sport	Opportunity for children to enter different Sporting competitions.  Access to Sporting Calendar £150	
4b	Children are able to have a shared identity when entering a competition by wearing the same PE kit.	Flying High PE shirts are purchased.	PE premium funding is used to enable the children to wear the same kit.	Funding to purchase PE T-Shirts.	

**Total Approx Costings for PE premium= £16,137** 

# How the improvements will be sustainable in the future? Our rationale for PE at St.Helen's CE Primary

A high-quality physical education curriculum and extra-curriculum **inspires** all pupils to **succeed** and **excel** in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed some of our school values such as: **Friendship, Perseverance, Truthfulness, and Respect** 

It is our belief that having giving children opportunity to develop their well-being and enjoyment of PE in school, it will enable children to be life-long learners and participate in Sport and PE outside of school. We have several links to local clubs and it is our hope that a number of children utilise this opportunity.