

St Helen's PE Yearly Overview 2024 - 2025

Year Group	Term 1		Term 2		Term 3		Term 4		Term 5		Term 6	
	Bristol Sport	Teacher led	Bristol Sport	Teacher led	Bristol Sport	Teacher led	Bristol Sport	Teacher led	Bristol Sport	Teacher led	Bristol Sport	Teacher led
Rec		Me and Myself (hall)		Movement and Development (hall)		Throwing and Catching (hall)		Ball skills (hall)		Fun and Games (hall)		Athletics Sports Day practise (outside)
Year 1 Mon PPA	Gymnastics (hall)	Handball (outside)	Dance (hall)	Football (outside)	Basketball (hall)	Netball (outside)	Invasion Games	Dance (inside)	Tennis (outside)	Fitness	Athletics (outside)	
Year 2 Thurs PPA	Dance (hall)	Handball (outside)	Gymnastics (hall)	Football (outside)	Dodgeball (hall)	Netball (outside)	Invasion Games	Dance (inside)	Striking and Fielding (outside)	Fitness	Athletics (outside)	
Year 3 Mon PPA	Gymnastics (hall)	Handball (outside)	Dance (hall)	Football (outside)	Basketball (hall)	Netball (outside)	Invasion Games	Dance (inside)	Tennis (outside)	Fitness	Athletics (outside)	
Year 4 Tues PPA	Gymnastics (hall)	Handball (outside)	Dance (hall)	Football (outside)	Dodgeball (hall)	Netball (outside)	Invasion Games	Dance (inside)	Tennis (outside)	Fitness	Athletics (outside)	
Year 5 Thurs PPA	Dance (hall)	Football (outside)	Gymnastics (hall)	Handball (outside)	Dodgeball (hall)	Hockey (outside)	Invasion Games	Badminton (inside)	Striking and Fielding (outside)	Fitness	Athletics (outside)	
Year 6 Tues PPA	Gymnastics (hall)	Football (outside)	Dance (hall)	Handball (outside)	Dodgeball (hall)	Hockey (outside)	Invasion Games	Badminton (inside)	Tennis (outside)	Fitness	Athletics (outside)	

Teacher PE time slots

Day of the week	Time slots
Monday	
Tuesday	Year 5 1.30 - 2.30pm Year 2 2.30 – 3.30pm
Wednesday	Year 3 1.30 – 2.30pm
Thursday	Year 1 1.30 – 2.30pm Year 6 2.30 – 3.30pm
Friday	Reception Morning slot after phonics Year 4 1.30 – 2.30pm

St. Helen's

2024-25 Delivery Plan

Term	Monday	Tuesday	Thursday
	PM	PM	PM
1	Gymnastics	Gymnastics	Dance
2	Dance	Dance	Gymnastics
3	Basketball	Dodgeball	Dodgeball
4	Invasion Games	Invasion Games	Invasion Games
5	Tennis	Tennis	Striking and Fielding
6	Athletics	Athletics	Athletics